



# RESULTS OVERVIEW

ASA Championships  
27 July - 1 August 2007 - Ponds Forge Sheffield

EVENT	NAME	Heat Time	PB	Semi Final	PB	Final	PB	Place	Additional Notes.
100m Freestyle	Megan Gilchrist	00:58.46							DQ
400m Freestyle	Robert Lang	03:57.79				03:54.99		6	ASA Open Final
400m Ind Med	Robyn Matthews	05:00.61				04:56.83		2	ASA 14/15 Age Silver Medal
100m Backstroke	Gregor Tait	00:57.39		00:56.23		00:55.56	SB	1	ASA Champion
100m Breaststroke	Kirsty Balfour	01:10.97		01:11.17		01:09.74		2	ASA Open Silver Medal
	Kris Gilchrist	01:02.67		01:02.27		01:01.65	SSR	3	ASA Open Bronze Medal, SSR, EDR
	Michael Jamieson	01:06.37						31	
	Mathew Trodden	01:06.30						26	
200m ind Med	Gregor Tait	02:07.08		02:04.73		02:02.87		3	ASA Open Bronze Medal
	Michael Jamieson	02:07.81		02:07.13	*	02:08.55		10	* equals SAGR 18 year
100m Freestyle	David Leith	00:52.01		00:51.72				12	
	Robert Lang	00:52.10		00:52.00				15	
800m Freestyle	Megan Gilchrist	08:48.44	SAGR			08:44.57	SAGR	6	ASA 16 /17 year Champion, SAGR, EDR
	Robyn Matthews	09:06.20		HDW for age Group				2	ASA 14/15 Silver Medal
200m Freestyle	Megan Gilchrist	02:03.20	SAGR	02:03.63		02:02.70	SAGR	8	Ranked 2 in Age Group 16/17
	Robyn Matthews	02:07.90				02:05.22	*	2	Silver Medal in 14/15 year, EDR
200m Breaststroke	Kris Gilchrist	02:18.24		02:12.56	*	02:12.40	*	1	ASA Champion
	Michael Jamieson	02:20.38		02:20.77		02:19.77		8	ASA Open Final
						02:19.16		3	ASA 16 /17 year Bronze Medal
	Mathew Trodden	02:21.67		02:21.80				13	
200m Freestyle	Kris Gilchrist	01:54.11		01:54.78				14	
	Michael Jamieson	01:58.27						74	
	Robert Lang	01:51.58		01:50.58		01:51.62		6	ASA Open Final
	John Owen	01:52.09		01:55.36				16	
50m Backstroke	Gregor Tait	00:26.67		00:26.06		00:25.93	SSR	3	ASA Open Bronze Medal, Scot Rec
50m Breaststroke	Kirsty Balfour	00:33.89		00:33.33		00:32.84		3	ASA Open Bronze Medal
200m Ind Med	Robyn Matthews	02:26.22				02:22.79	*	3	ASA 14/15 Age Bronze Medal
200m Breaststroke	Kirsty Balfour	02:33.13		02:29.32		02:28.06		1	ASA Open Champion
200m Backstroke	Gregor Tait	02:03.46		02:00.85		02:00.29		3	ASA Open Bronze Medal
50m Freestyle	David Leith	00:23.67		00:23.59		00:23.56		9	ASA Open Final
	Robert Lang	00:24.27						24	
400m Freestyle	Megan Gilchrist	04:19.13	SAGR			04:17.15	SAGR	1	ASA 16/17 Champion 2 x SAGR 16yr
						04:20.08		7	ASA Open Final
	Robyn Matthews	04:24.94				04:21.75		2	ASA 14/15 Silver medal
50m Breaststroke	Kris Gilchrist	00:29.68		00:29.58		00:28.84	*	2	ASA Open Silver Medal
50m Freestyle	Catherine Garner	00:27.62						27	
400m Ind Med	Michael Jamieson	04:39.72				04:31.11	*	3	ASA 17/18 age Bronze Medal

## Summary

[ASA Open Champions](#)

Kirsty Balfour, Gregor Tait and Kris Gilchrist

[Open Silver Medals](#)

Kirsty Balfour and Kris Gilchrist

[Open Bronze Medals](#)

Gregor Tait x 3m Kirsty Balfour and Kris Gilchrist

[Age Group Champions](#)

Megan Gilchrist x 2

[Age Group Silver Medals](#)

Robyn Matthews x 4

[Age Group Bronze Medals](#)

Michael Jamieson x 2, Robyn Matthews

PB times

15

Swims

76

19.73%