



RESULTS OVERVIEW

European Short Course Championships

7 - 10 December 2006 - HELSINKI

EVENT	NAME	Heat Time	PB	Semi Final	PB	Final	PB	Place	Additional Notes.
100m Freestyle	Alena Popchanka	00:53.90		00:53.10	*	00:52.91	*	2	Silver Medal / French Record [heat+final]
	Robert Lang	00:50.95	*					55	
200m Ind Med	Gregor Tait	02:00.47						18	
200m Breaststroke	Kirsty Balfour	02:25.79				02:21.82	*	1	Gold Medal / British Record
	Kris Gilchrist	02:08.91				02:09.40		6	
200m Backstroke	Gregor Tait	01:55.51				01:54.48		5	
400m Freestyle	Robert Lang	03:50.83	*					24	
100m Breaststroke	Kirsty Balfour	01:07.88		01:07.23		01:06.57		2	Silver Medal
100m Backstroke	Gregor Tait	00:52.95		00:53.33		00:52.48		4	
100m Butterfly	Alena Popchanka	00:58.93		00:58.30		00:58.65		4	
100m Ind Medley	Gregor Tait	00:55.70		DNS					
	Kris Gilchrist	00:55.93	*					21	
200m Freestyle	Alena Popchanka	01:54.88	*			01:54.25	*	1	Gold Medal / European Record
	Robert Lang	01:47.49	*					21	

Summary 2 European Titles
 2 Silver Medals
 1 European Record
 1 British Record
 5 French Records
 9 PB's 36%