



RESULTS OVERVIEW

Scottish Open and National Championships (50m)

Tollcross L. C. Glasgow - 28 June - 1 July 2007

EVENT	NAME	Heat Time	PB	B Finals	PB	A Finals	PB	Place	Top Club	Additional Notes.
100m Fly	Megan Gilchrist	01:05.79				01:06.24		10	1	
100m Free	Robert Lang	00:52.39				00:52.14		5	6	
	David Leith	00:52.41				00:52.20		7	4	
	John Owen	00:53.40				00:52.56		9	2	
	Gregor Tait	00:52.77	*			00:52.93		10	1	
400m Ind Med	Robyn Matthews	05:01.83				05:01.45		5	6	Scottish Junior Champion
200m Breast	Kris Gilchrist	02:20.71				02:14.80		1	13	Scottish National & Open Champion
	Mathew Trodden	02:25.07				02:22.62		8	3	
50m Back	Catherine Garner	00:32.82	*	00:32.56	*				15	
200m Free	Megan Gilchrist	02:04.06	*			02:03.96	*	6	5	Scottish 16 year Age Group Rec
	Robyn Matthews	02:09.80							23	
50m Fly	David Leith	00:25.87				00:25.31		4	7	
	Kris Gilchrist	00:25.66	*			00:25.90		7	4	
	Robert Lang	00:26.64		00:26.31					13	
	Gregor Tait	00:26.51				00:26.65		10	1	
	John Owen	00:27.14							24	
	Mathew Trodden	00:29.05							69	
200m Ind Med	Gregor Tait	02:08.70				w/d				
	Kris Gilchrist	02:07.98				02:03.54	*	3	9	Bronze medal & East District Record
100m Breast	Kirsty Balfour	w/d								
	Robyn Matthews	01:16.36				01:16.61		9	2	Scottish Junior Champion
50m Breast	Kris Gilchrist	00:29.82				00:29.25		1	13	Scottish National & Open Champion
	David Leith	w/d								
	Mathew Trodden	00:31.01				00:31.01		10	1	
400m Free	Robert Lang	04:02.03				03:58.88		3	9	Bronze Medal
	John Owen	04:02.75				03:55.68	*	2	11	Silver Medal
800m Free	Robyn Matthews					09:03.72		6	5	Scottish Junior Champion
100m Back	Gregor Tait	00:58.34				w/d				
50m Free	Catherine Garner	00:27.57				00:27.08	*	5	6	Scottish National Champion
	Megan Gilchrist	00:28.22	*	00:27.90	*				14	2 x Scottish /ED 16 AGR
	Kirsty Balfour	00:28.86							25	
200m Ind Med	Robyn Matthews	02:27.81		02:23.81					12	
100m Breast	Kris Gilchrist	01:04.29		50m split 29.09	*	01:02.43		1	13	Scottish National & Open Champion
	Mathew Trodden	01:07.42		01:07.04					12	
50m Breast	Kirsty Balfour	w/d								
200m Back	Gregor Tait	w/d								
400m Free	Robyn Matthews	04:26.72		04:24.76					12	Scottish Junior Champion
	Megan Gilchrist	04:23.67				04:22.20		7	4	
800m Free	John Owen					08:14.96		2	11	Silver Medal
	Robert Lang					08:20.95		3	9	Bronze Medal
100m Back	Robyn Matthews	01:11.00	*	01:11.07					20	
50m Free	David Leith	w/d								
	John Owen	00:24.46				00:24.22	*	9	2	
	Gregor Tait	w/d								
	Kris Gilchrist	00:24.09	*			00:23.95	*	6	5	
	Robert Lang	00:24.32				00:24.34		10	1	
100m Free	Megan Gilchrist	00:59.08				00:58.60		7	4	Scottish National Champion
	Cath Garner	01:00.23		00:59.97					13	
100m Fly	David Leith	w/d								
200m Breast	Kirsty Balfour	w/d								
	Robyn Matthews	02:43.24				02:42.12		6		Scottish Junior Champion
400m Ind Med	Gregor Tait	w/d								
	Kris Gilchrist	04:38.64	*			04:30.63		4	7	
	Mathew Trodden	04:51.65		04:46.08	*				14	
1500m Freestyle	Megan Gilchrist					17:07.57		3	9	Scottish National Champion
50m Fly	Megan Gilchrist	00:30.53		00:31.10					17	
200m Free	Robert Lang	01:53.42				01:54.41		4	7	
	John Owen	01:53.71				01:50.71		2	11	Silver Medal
	David Leith	w/d								

200m Medley	Garner	00:32.24	*			02:01.59		2	22	Silver Medal
	Mathews	00:34.82								
	Popchanka	00:27.15								
	Gilchrist	00:29.30								
200m Medley	Tait	00:26.44				01:43.19	*	2	22	Scottish National & Club Record
	Gilchrist	00:28.91								
	Leith	00:24.29								
	Owen	00:23.55								
200m F/S Relay	Popchanka	00:25.66				01:48.10	*	2	22	Scottish Club Record
	Garner	00:27.22								
	Gilchrist	00:26.70								
	Mathews	00:28.52								
200m F/S Relay	Gilchrist	00:24.03				01:33.94	*	2	22	Scottish National & Club Record
	Owen	00:23.49								
	Lang	00:23.75								
	Leith	00:22.67								
									280	

SUMMARY

Relays 2 x Scottish national and club records - Men
 1 x Scottish Club Record - Women

Kris Gilchrist Scottish National and Open Champion - 50m, 100m 200m Breaststroke
 Robyn Mathews Scottish Junior Champion - 400m,800m Freestyle, 100m, 200m Breaststroke, 400m Ind Medley
 Megan Gilchrist Scottish National Champion 100m, 1500m Freestyle, 50m f/s, 200m f/s Scottish 16 year Age Group Records
 Catherine Garner Scottish National Champion 50m Freestyle
 John Owen Silver Medals - 200m 400m and 800m Freestyle
 Robert Lang Bronze Medals - 400m and 800m Freestyle

TOP CLUB POINTS Top Scottish Club - 2nd overall to Loughborough who had 37 swimmers compared to our 12

PB's 23 from 90 swims 25.5%

Michael Jamieson w/d from all events through illness, Kirsty Ballfour, Gregor Tait and David Leith also withdrew most events from illness/injury